

Gymna.ONE is designed to offer you the best possible conditions for carrying out for your treatments and represents the heart of your practice. Combined with the proven reliability of Gymna technology, the modern and pure design of this treatment table creates a truly harmonious atmosphere in your practice.

Gymna.ONE - T7 is a height adjustable treatment table with seven cushions to support the patient's head, arms and upper and lower body. The two extra lateral supports make it possible to maintain the therapist's ergonomical working position.

# FEATURES

#### I-CONTROL

Intelligent foot-operated system for height adjustment that can be reached from anywhere around the table in a safe and easy manner. i-Control facilitates easy and accurate height adjustment in two ways: continuous mode for quick up and down movements, and start-stop mode for small pulsed adjustments.

#### THERMO CUSHIONS

Gymna.ONE features Thermo cushions, a unique heating system. Three temperature levels can be chosen easily by using the convenient wireless remote control.

## FRGOMAX

Seamless, removable, washable, waterproof and ergonomically shaped face support, for a comfortable and hygienic lying position.

## **EASYMOVE**

Pushing the foot-operated Easymove system lifts the treatment table up onto its wheels. The hydraulic damper in the system gently lowers gymna. ONE to the floor again. The system can be reached from both sides of the table.

## LATERAL SUPPORTS

These supports make it possible to maintain an ergonomic working position. You can work close to your patient without stress on shoulders and back.



I-CONTROL

# MOTORIZED MIDDLE SECTION (OPTIONAL)

Setting the middle section for lumbar flexion is effortless, thanks to the powerful yet silent motor. Patients can remain totally relaxed while being put in the correct position. Operation is easy with the ergonomically shaped and positioned switches underneath the cushion.

#### ARM SUPPORTS

The long arm supports provide enough space to let the arms rest completely and bring total relaxation to the neck and shoulder region when in prone position.

## GYMNA STABILITY PROFILE

The unique technology of GSP guarantees you the best dynamic stability. The solid and stable construction makes sure your manipulation forces are correctly transferred to the patient with an optimal use of energy.

## **CUSHION PROPERTIES**

Gymna.ONE cushions are duo-padded, with a high-density lower layer and softer top, resulting in a durable yet comfortable compromise, perfect for manual therapy with no disturbance to the patient. The edges of the cushions are also padded for the comfort of both therapist and patient.

#### UPHOLSTERY

The cushions are covered with high quality vinyl that is phthalate-free, fire retardant, easy to clean and disinfect. The finely detailed all-round saddle stitching finishes off the cushions nicely. Choose one of the five colours that reflect your professionalism and create the right atmosphere for your practice.

#### TRACTION SUPPORTS

These optional accessories help keep the patient firmly in position during manual cervical or hip traction and mobilisation. Two supports can be placed in the hinge between the head- and middle-section, and one can be placed between the lower- and upper-body section.

## NON-SLIP FEFT

Thanks to the special Elastolan feet underneath the base, gymna.ONE stays firmly in place, even when there is strong traction or manipulation.

## STANDBY KEY SWITCH

Gymna.ONE has an integrated key switch that allows the operator to de-activate the table when not in use and also prevent unauthorized use by removing the key.



THERMO CUSHIONS



ARM SUPPORTS



ERGOMA





# SPECIFICATIONS

Length x width:  $\pm$  205 x 67 cm

Height adjustment: ± 50 - 100 cm

Weight: ± 122 kg

Max. lifting capacity: 200 kg

Electric motor: 8,000 and 6,000 N

Cushion temperature: 34 - 36 - 38°C

Power supply: 100 - 240 VAC, 50-60 Hz

Current consumption: 2.3 A

Usage: ON 2 minutes,

**OFF 18 minutes** 

Insulation class:

Moisture resistance: IP 21

Classification:

Guarantee: 3 years (upholstery 1 year)

Maximum temperature: Operating 10° - 35°C

Transport/storage -20° - 60°C

Maximum humidity: Operating 30 - 75 %rH

Transport/storage 15 - 85 %rH

Atmospheric pressure: Operating

700 - 1060 hPa Transport/storage 500 - 1060 hPa

Conformity: IEC/EN 60601-1

IEC/EN 60601-1-2

EC directives 2017/745 (MDR)

2012/19/EC 2011/65/EU

 $\epsilon$ 

# FUNCTIONALITY / DIMENSIONS



# COLOURS

# Base: Cushioning: White Carbon Patina Ivory Darkwood Taupe

# ORDERING DATA

160 374 gymna.ONE - T7

150 304 option motorized mid section

gymna