



THREE TREATMENT TABLE SERIES

Designed to fit the way you treat.



Smarter products. **Better treatments.**



Smarter products. **Better treatments.**



**A treatment table
should do more
than support your
patient — it should
support you.**

Over the years, I've had countless conversations with physiotherapists, osteopaths and rehabilitation specialists. What always strikes me is how differently they work, even when they treat similar patients.

Techniques vary, practices evolve, and expectations change over time. That's why I believe a treatment table should support the way you work: helping you maintain good posture, move smoothly around the patient and stay focused throughout the session.

For over 55 years, we've worked alongside hands-on professionals. We've listened, adapted and innovated, not just to build better products, but to build trust.

With this portfolio, we offer more than just tables. We offer the confidence to choose what truly fits you.

Because the right table doesn't just support your patients, it supports the way you work.

Bart de Bresser
CEO Gymna

Smart support. For every therapist, in every session.

From first practice to
high-performance clinic,
Gymna tables are built to fit
the way you treat.

This overview helps you navigate our table series
and find the right fit for your practice.

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**A proud
brand**

01

A proud brand



More than
55 years of
knowledge

Still driven by what matters. Now more than ever.

Healthcare continues to evolve. Therapists work under increasing pressure, with higher patient expectations, more complex treatments and full schedules. In that reality, the equipment you rely on every day must be dependable, intuitive and comfortable — for both you and your patients.

At Gymna, we design treatment tables with daily practice in mind. From smooth height adjustment to stable support and easy access around the table, every element is developed to support your posture, movements and focus during treatment.

No two practices are the same. Your space, your patients and your way of working define what you need from a treatment table. That's why our tables can be configured to match those needs, allowing you to choose the functions, finishes and options that fit your practice today and adapt as it evolves over time.

This careful, considered approach has guided Gymna for more than 55 years. By listening closely to therapists and refining every detail, we build treatment tables we stand behind. Reliable tools you can trust, every day.

Recognised for design. Chosen for performance.

Our design philosophy goes beyond aesthetics. Every Gymna product is engineered to support real-life care, intuitive to use, built to last, and made with both therapist and patient in mind.

That's why international juries consistently recognise our work. From *Red Dot* to *Henry van de Velde*, these awards confirm what therapists already know: smart features, functional design and long-term reliability make all the difference.

Each award recognises a different aspect of the same commitment: supporting therapists in daily practice.

2025 Red Dot Design Award – Elexeo

Recognised for its modular, intuitive design that adapts seamlessly to different therapies.

2024 European Product Design Award – Elexeo

Honoured for ergonomic innovation and seamless integration into daily clinical workflows.

2020 Henry van de Velde Award – gymna.PRO

Awarded for combining precision engineering with therapist-led functionality.

2017 Red Dot Design Award – Gymna 200 Series

Celebrated for timeless design and enduring reliability in physiotherapy settings.





Four values. One promise.

The principles behind every
Gymna treatment table.

Top quality

Gymna products are built to the highest standards. Crafted with precision, tested with care and developed by physiotherapists for physiotherapists. Quality isn't a feature, it's our foundation.

Easy to use

We create with our people in mind. That means intuitive, efficient tools that support smooth workflows. Always with the patient at the heart of it.

Sustainable by design

Our design philosophy combines aesthetics with longevity. Every product is made to last, both in function and in form. Because a workspace should inspire you today and still feel fresh tomorrow.

Built-in intelligence

Smart isn't just a buzzword, it's built into everything we do. From clever features to meaningful software integrations, we create solutions that add value to your daily practice.

**Treatment
tables**

02

The treatment table that fits the way you treat.

Three series. Three strengths. One Gymna.

Some days are about efficiency and flow.
Other days demand precision, positioning and time.
And for many practices, the challenge is balancing both: across patients, therapists and treatment rooms.

What they all share is this: the treatment table sits at the centre of every session.

That's why Gymna doesn't offer one standard solution. We've developed three distinct treatment table series, each aligned with a different way of working, a different rhythm, a different ambition.

From practical essentials to fully configurable solutions with refined design, every Gymna table is shaped around how you work. You choose what matters to you: the setup, the controls, the options, and the look & feel that fits your practice.

Because the right treatment table doesn't draw attention to itself. It simply feels right.

From the first patient of the day to the last.

Designed and built in Europe

With short lines between design, engineering and production.

- **Developed with therapists:** Every table is shaped through close collaboration with physiotherapists and osteopaths.
- **Configured to your needs:** Choose layouts, controls, accessories and finishes that fit your way of working.
- **Built for daily clinical use:** Stable, intuitive and reliable, even in busy, multi-room practices.
- **Long-term quality you can trust:** Durable materials, medical-grade components and consistent performance over time.

Built in Europe. Trusted worldwide.



gymna.GO

Basically perfect

A solid starting point for daily physiotherapy and osteopathic care. gymna.GO combines essential comfort with intuitive operation, making it easy to work efficiently across one or multiple treatment rooms.

Reliable, practical and consistent. Ideal when you need to equip additional rooms or expand your practice without complexity.



gymna.PRO

Your table. Your choice.

When treatments vary and your day moves fast, flexibility matters. gymna.PRO lets you configure your table to your techniques, your workflow and your preferences.

Designed for professionals who want consistency, control and smooth transitions throughout a full schedule.



gymna.ONE

The art of therapy

For therapists who operate at the highest level. gymna.ONE is designed for practices where precision, stability and appearance matter equally. Quiet movements, controlled positioning and refined finishes.

A treatment table that shapes the atmosphere of your practice, from private clinics to elite sports settings.

Not sure which table fits you best?

Turn the page and discover the difference. →

gymna.GO

Basically perfect

Whether you're setting up your first practice or equipping multiple treatment rooms, you need a treatment table that works immediately. Reliable, intuitive and consistent in daily use.

gymna.GO provides a solid professional foundation. Built for intensive daily use, it offers essential comfort and effortless operation, supporting efficient physiotherapy and osteopathic care without unnecessary complexity.

You can keep the setup straightforward, or add selected options that support your way of working, such as Ergomax, arm supports or wheels. This makes gymna.GO easy to standardise across rooms and practical when expanding your practice.

A treatment table that simply does its job — day in, day out.

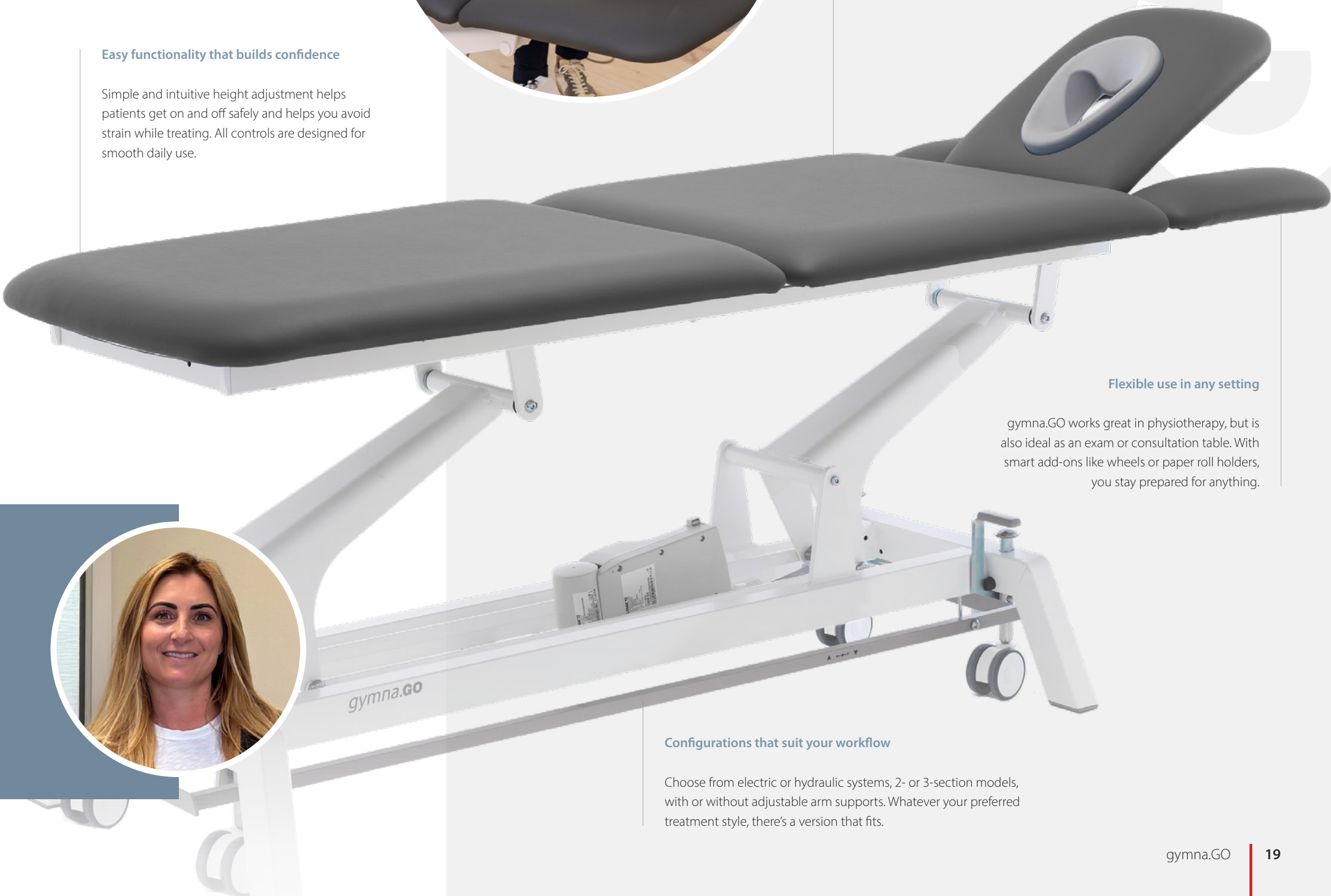


Easy functionality that builds confidence

Simple and intuitive height adjustment helps patients get on and off safely and helps you avoid strain while treating. All controls are designed for smooth daily use.

A table that grows with you

Start with the basics, add what you need later. From Ergomax face cushion to safety switches or gynaecological leg supports, GO gives you upgrade options without pressure.



Flexible use in any setting

gymna.GO works great in physiotherapy, but is also ideal as an exam or consultation table. With smart add-ons like wheels or paper roll holders, you stay prepared for anything.

“I needed a table I could afford and rely on. GO was the smart choice to start with.”

Sophie — self-employed physiotherapist



Configurations that suit your workflow

Choose from electric or hydraulic systems, 2- or 3-section models, with or without adjustable arm supports. Whatever your preferred treatment style, there's a version that fits.



gymna.GO



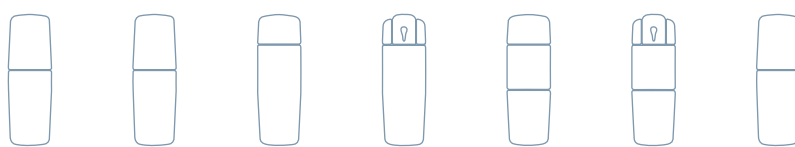
For starters
with ambition

Colors & specifications



Dimensions	206 x 67 cm
Weight	± 75 - 80 kg (model depending)
Height adjustment	50 - 100 cm electric 52 - 99 cm hydraulic
Lifting capacity	max. 200 kg
Mains voltage	230 VAC, 50/60 Hz 120 VAC, 60 Hz 100 VAC, 50/60 Hz
Power consumption	max. 2,0 A (model depending)
Device classification	I
Humidity proof	IP21
Motor usage	max. 2 minutes on / 18 minutes off

Configuration



Configuration	D1	D1e	D2	D4	T3x	T5x	Traction
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Height adjustment

Electric with i-Control	●	●	●	●	●	●	●
Electric with foot switch	●	●	●	●	●	●	●
Hydraulic with foot pump	●	●	●	●	●	●	●

Standard configuration

Linear cushion finish	●	●	●	●	●	●	●
Classique upholstery	●	●	●	●	●	●	●
Width 67 cm	●	●	●	●	●	●	●
Adjustable head section (up and down)			●	●	●	●	
Adjustable arm rests				●		●	
Adjustable back section (up)	●				●	●	●
Adjustable back section (up and down)		●					
Sliding cushion for traction							●

Options and accessories

Safety switch for foot- or hand control	○	○	○	○	○	○	○
Standard face opening	○	○	○	●	○	●	○
Ergomax face opening	○	○	○	○	○	○	○
Wheels	○	○	○	○	○	○	○
Gynaecological leg supports	○	○	○	○	○	○	
Hand control*	○	○	○	○	○	○	○
Paper roll support 50 cm / 60 cm	○	○	○	○	○	○	○
Traction unit incl. fixation							○

● Standard ○ Optional □ Not available * In combination with i-Control, or replacing foot switch

Testimonial

A solid foundation, without the fuss.

For me, as a clinic owner, it all comes down to one thing: the treatment room experience has to feel right.

The patient must feel safe, I want to start immediately, and I prefer not to interrupt a session once it's underway.

The gymna.GO gives me exactly that sense of calm and confidence. The table feels solid without being complicated. Height adjustment is intuitive, and patients can get on and off easily and safely. Even during mobilisations or when movement is limited, the surface remains comfortable and stable.

What I particularly appreciate is that the GO feels professional in every treatment room. We work across multiple rooms, so it's essential that the controls are identical everywhere. No wasted time figuring out, "how does this one work again?"

With smart add-ons like Ergomax and i-Control, I can tailor the table to my way of working. And the wheels are ideal whenever we need to switch quickly or reconfigure a room.

From experience I can say that my table is simple to keep hygienically clean and made from materials that stand up to daily use.

In short, the gymna.GO has proven to be a smart choice. Accessible in terms of investment, professional in use, and reliably built for everyday practice.

Sophie Stam
physiotherapist
& practice owner

Fysio Sophie Stam
's Gravenzande
The Netherlands



gymna.PRO

Your table. Your choice.

In a busy practice, consistency matters but so does flexibility.

As a physiotherapist or osteopath, you see a wide range of patients with different needs, techniques and treatment goals. You need a table that's ready for anything.

gymna.PRO gives you exactly that: a professional-grade treatment table designed to support your work day in, day out.

You configure it from the start to match your preferences: from section layout and width to height system and ergonomic features. Every detail is made to support your posture, protect your patient's comfort, and keep your sessions flowing.

Whether you specialise in manual therapy, sport rehab, osteopathy or general physiotherapy, gymna.PRO gives you the reliability you expect and the freedom to treat your way.

Versatility you can count on every day.

Choose once, work your way

Pick your layout, width and operation (electric, hydraulic or smart foot operation) so the table fits your technique from day one.

Ready for real-world variety

From manual therapy to sport rehab and osteopathy, PRO helps you switch between positions and approaches without breaking your flow.

Comfort you and your patients can feel

Supportive cushions and easy access around the table help patients relax and help you keep a natural posture through longer sessions.

Built for full schedules

A solid frame, smooth mechanisms, hygienic finishes and integrated safety thinking bring quiet confidence to shared rooms and high-traffic clinics.

"Different bodies. Same certainty. PRO keeps me steady."

Laura — osteopath



gymna.PRO



For those
who need daily
versatility

Specifications



Dimensions	206 x 67 cm
Weight	± 95 - 110 kg (model depending)
Height adjustment	± 47 - 97 cm
Lifting capacity	max. 200 kg
Mains voltage	100 - 240 VAC, 50/60 Hz
Power consumption	max. 3,0 A (model depending)
Device classification	I
Humidity proof	IP21
Motor usage	max. 2 minutes on / 18 minutes off

Colors & finish

Choose the version that suits your preferences and needs. Choose the density, colour, material and stitching, width and heating of your cushions yourself.

Classique

PVC



Premium

Polyurethane



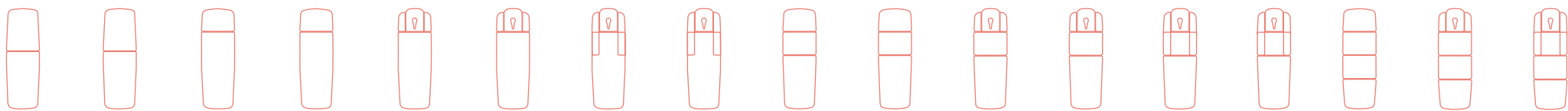
Linear



Progressive



Configuration



Configuration	D1	D1	D2	D2	D4	D4	D6	D6	T3	T3	T5	T5	T7	T7	Q4	Q6	Q8
Height adjustment	i-Control / Foot switch	Hydraulic	i-Control / Foot switch	Hydraulic	i-Control / Foot switch	Hydraulic	i-Control / Foot switch	Hydraulic	i-Control / Foot switch	Hydraulic	i-Control / Foot switch	Hydraulic	i-Control / Foot switch	Hydraulic	i-Control / Foot switch	i-Control / Foot switch	i-Control / Foot switch

Linear cushion finish	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Progressive cushion finish	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Classique upholstery	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Premium upholstery	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Manual head section			●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Manual lumbar flexion *									●	●	●	●	●	●			
Motorized lumbar flexion									○		○		○				
Manual lower leg section															●	●	●
Manual back section	●	●							●	●	●	●	●	●			
Motorized back section									○						●	●	●
Motorized sitting section															●	●	●
Width 60 cm	○	○	○	○					○	○					○		
Width 67 cm	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Width 77 cm	○	○	○	○					○	○					○		
“One-Click” arm supports incl. Ergomax					●	●	●	●			●	●	●	●		●	●
Lateral supports							●	●					●	●			●
Safety switch	●		●		●		●		●		●		●		●	●	●
Ergomax face opening	○	○	○	○					○	○					○		
Wheels	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Cusion heating **	○		○		○		○		○		○		○		○	○	○
Safe Motion Detection	○		○		○		○		○		○		○		○	○	○
LED pack	○		○		○		○		○		○		○		○	○	○
Memory ***	○		○		○		○		○		○		○		○	○	○

● Standard ○ Optional □ Not available

* Also available without flexion

** Cushion heating only in combination with progressive finish

*** Memory always in combination with Gymna SMD

Testimonial

Configured once, and everything flows.

No two days are ever the same. At 9 a.m., I'm mobilising a shoulder; by 10, I'm treating a runner with lower back pain; later, an osteopathy session with a pregnant woman who needs precise positioning.

What I can't afford is a treatment table that slows me down.

My gymna.PRO was configured exactly to my way of working: hands-free height adjustments, smooth transitions between positions, and rock-solid stability even under pressure. My patients feel safe and supported,

allowing me to stay focused on my technique, not on the table. Even after a long day, my posture remains good, and my attention stays where it matters most: with the patient in front of me.

Gymna.PRO works in my practice because of:

- Consistency across treatment rooms
- Ergonomics that protect me
- Outstanding patient experience
- Quick setup and workflow efficiency

Laura Boucly
osteopath

Laura Boucly
Paris
France



gymna.ONE

The art of therapy

Your clinic is more than a workspace, it's part of the care you deliver. Patients feel it the moment they walk in.

gymna.ONE brings premium design and professional control together in one table. It's configured up front to suit the way you treat with refined ergonomics, quiet operation and rock-solid stability that support precise, hands-on techniques.

For physiotherapists and osteopaths who want their environment to look as good as it works and work as well as it looks.

Premium design you can rely on every day.

Design that builds trust

Clean lines, seamless finishes and a calm aesthetic create a professional atmosphere where patients relax faster and treatment starts smoother.

Stability and longevity

A robust frame and precise mechanics deliver day-in, day-out reliability for high-end private practices and premium treatment rooms.

Ergonomics for precise work

Thoughtful access around the table and supportive surfaces help you keep natural posture and fine control during manual and osteopathic techniques.

Quiet, confident movement

Smooth, silent adjustments respect the clinical setting and patient comfort, ideal for focused sessions and sensitive cases.

Personalisation options

Choose colours, finishes and curated details to match your clinic's identity without compromising professional function and hygiene.

“A stable base and quiet adjustments, exactly what shockwave therapy needs.”

Karsten — FACS



gymna.ONE



For practices
where design
matters

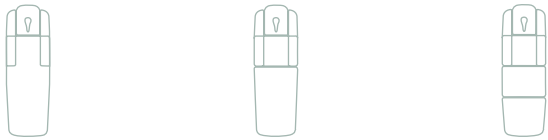


Colors & specifications



Dimensions	206 x 67 cm
Weight	± 127 kg (model depending)
Height adjustment	50 - 100 cm
Lifting capacity	max. 200 kg
Mains voltage	100 - 240 VAC, 50/60 Hz
Power consumption	max. 3,0 A
Device classification	I
Electric motor	10.000 N
Cushion temperature	34 - 36 - 38 °C
Humidity proof	IP21
Motor usage	max. 2 minutes on / 18 minutes off

Configuration



Configuration	D6	T7	Q8
Wheels	●	●	●
Safety switch	●	●	●
i-Control	●	●	●
Choice between black or white	●	●	●
Ergomax face opening	●	●	●
Arm supports	●	●	●
Lateral supports	●	●	●
Motorized lumbar flexion		●	
Motorized back section		○	●
Motorized sitting section			●
Progressive cushion finish	●	●	●
Cushion heating	●	●	●
Premium upholstery	●	●	●

● Standard ○ Optional □ Not available

Testimonial

When form follows function, patients feel it immediately.

My schedule is rarely predictable: acute sports injuries, chronic tendinopathies, post-op care, each session demands precise, calm technique. In shockwave therapy, reproducible positioning is critical; contact, angle, and pressure must remain constant so that energy reaches the target tissue. gymna.ONE makes that easier. Height changes are smooth and controlled, the support surfaces stay firm without “give”, and the clean, professional design builds trust before the treatment even starts.

The environment matters, too: clear access around the table, ergonomic working heights throughout the full range, and seamless surfaces that are quick to disinfect. That reduces interruptions, keeps my focus on the patient, and allows the session to flow smoothly. Many patients tell me they relax more quickly, the room is quiet, movements

are deliberate, and positioning is repeatable from visit to visit.

I chose gymna.ONE because of its rock-solid stability under manual pressure, quiet and precise adjustments that keep patients relaxed, refined ergonomics and access around the table, hygienic, easy-to-clean surfaces for quick turnover, consistent quality across rooms in a group practice, European build quality and reliable service.

gymna.ONE brings design and clinical practice together: understated, precise and ready for everyday work.

By the end of a full clinic, I notice a difference in my posture and the quality of my workflow.

Dr. Karsten Knobloch
FACS

SportPraxis
Vienna
Austria



GO

PRO

ONE



Smart
add-ons

03

Smart add-ons

Behind every Gymna treatment table lies a simple idea: innovation should feel natural.

Every movement, every adjustment, every detail is designed to respond to you, effortlessly and precisely.

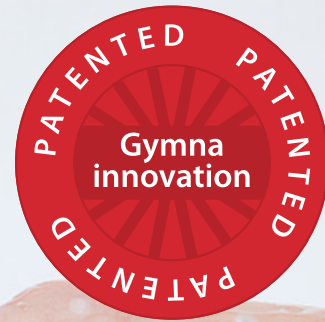
From comfort-enhancing features to intuitive functionality, these smart solutions elevate every treatment.

Because true innovation supports the hands that heal.



Where
innovation and
ease of use
come together.

Maximise
comfort
& hygiene



Ergomax

Designed with a heart-shaped opening that leaves eyes and mouth free. The Ergomax face support is soft, seamless, waterproof and washable. Two-sided to accommodate all patient sizes.

The Ergomax face support is reversible with dual sided face openings, adding the flexibility to choose from the large or small face opening depending on the size and shape of the patient's face. The unique Gymna arm supports offer an inclined position making for a more comfortable patient position by allowing the elbows to rotate outward, the cervical vertebrae to maintain their natural relaxed curvature better, and resulting in an overall better experience.

Available for

- gymna.GO
- gymna.PRO
- gymna.ONE

gymna



Wide face opening for eyes and mouth

Pressure distribution over the forehead and chin

Soft & seamless

Easily removable

Waterproof and washable

Double-sided to accommodate all patient sizes



i-Control

Gymna's intelligent foot-operated height adjustment system. Two operation modes, for continuous and pulsed adjustments. From anywhere around the table.

The intelligent foot-operated system can be reached from anywhere around the table safely and easily. The left-right operation makes unintentional movements impossible. i-Control facilitates easy and accurate height adjustments depending on the treatment being provided. In addition to continuous operation, short bursts are also possible, after which the electronics automatically make a small height adjustment.

Available for

- gymna.GO
- gymna.PRO
- gymna.ONE



Easy,
accurate
& safe



Foot-operated to set the height around the table

Tucked in underneath the frame

Silent and effortless operation

Continuous operation and start-stop

Maximum freedom of movement

Safe, impossible to operate accidentally

An easy
one-click
system



Arm supports

Both supports are lowered simultaneously and slightly tilted for a more relaxed cervical and shoulder region in prone position.

In contrast to traditional arm supports, the “One-Click” system makes the operation easy. Both supports are simultaneously adjusted downwards; this can be done in different steps. In addition, the supports make a slight tilting movement when they drop down to make it easier for the patient to direct the elbows outwards, resulting in a more natural and relaxed posture. When not in use, the “One-Click” system construction allows therapies such as craniosacral therapy (with the therapist sitting in front of the patient) to be provided without the therapist being obstructed.

Available for ● gymna.PRO
● gymna.ONE

“One-Click” system, for easy operation

Supports are lowered simultaneously

Different heights

Slightly tilted to help outward rotation of elbows

Relaxed cervical and shoulder region in prone position

Designed to disappear from your workflow



Safe Motion Detection

Extra security in non-supervised situations. Prevents patients and therapists from being trapped in the height adjustment mechanism.

The Safe Motion Detection is Gymna's proprietary system, designed to limit the risk of people being trapped inside the height adjustment mechanism of the table. It is particularly useful in helping to prevent accidents in non-supervised situations. Safe Motion Detection will automatically stop and lift the table when a person threatens to become trapped between the lower chassis and other moving parts of the table.

Available for  gymna.PRO



Fully
automatic
safety system

Intelligent safety system

Automatic system

Invisible integration

Prevents injuries and damage

Extra security

Meets the highest safety standards

Prevents cumbersome rotation



Constant Patient Position

Our 3- section table allows lying, sitting and kyphosis positions with no need to rotate the patient. This improves hygiene, as the feet no longer rest on the head section as with traditional 3-section tables.

Patients can be treated in seated position with back support or in abdominal/ supine lying position. For manual mobilisation of the dorsal vertebrae, the hips of the patient can be raised in a so-called flexion position.

gymna

Available for ● gymna.PRO
● gymna.ONE

Unique functional concept for 3-section table

Easy lying, sitting and kyphosis position

Efficient positioning for physical therapist and patient

Prevents difficult rotation with low mobility patients

Optimised anatomical layout of sections

Improved hygiene



Lateral supports

An ideal working position, close to the patient, without stress on the shoulders or back.

First introduced by Gymna in 1990, it is hard to imagine a 3 or 4-section table without the highly valued lateral supports. Gymna now also offers the lateral supports on a 2-section table. This option will especially appeal to osteopaths, as they treat their patients mostly in a flat position and do not need any complex cushion adjustments. Covering the entire length of the torso section, these supports make it possible to maintain an ideal working position, close to the patient, without stress on the shoulders or back.

Available for ● gymna.PRO
● gymna.ONE



More
freedom of
movement



Maintain an ideal working posture

Treatments close to your patient

No tension in your shoulders or back

Precise positioning for manual therapy

Flexible use across multiple therapies

Greater safety and confidence for the patient

Complete your table



Hydraulic pump

No use for electricity

The hydraulic pump makes our tables completely independent of electricity, allowing them to be used anytime and anywhere.

Available for

- gymna.GO
- gymna.PRO



Foot switch

Simple and efficient

An electric foot switch is the perfect solution for height adjustment when the user works from a fixed position.

Available for

- gymna.GO
- gymna.PRO

Smaller
add-ons, big
difference



Safety switch

Prevent unauthorized use of your table

Safety first, our tables can be equipped with an integrated safety switch to deactivate the motor during your absence.

Available for

- gymna.GO
- gymna.PRO
- gymna.ONE



Cushion heating

Two heating pads inside the cushions

These provide comfortable warmth for the well-being of your patient and for a pleasant working environment.

Available for

- gymna.PRO
- gymna.ONE



Wheels

Invest in mobility

The set of four wheels makes your table easy to move when cleaning your practice or working on different locations.

Available for

- gymna.GO
- gymna.PRO
- gymna.ONE



Gymna Stability Profile

Minimal bending and movement under load

Solid and stable construction. The manipulative force during treatment maintains the same intensity without energy loss.

Available for

- gymna.PRO
- gymna.ONE



Extra motors

Effortless setting

Our extra motors can easily adjust the cushions, by pushing a button. Extra comfort for both therapist and patient.

Available for ● gymna.PRO
● gymna.ONE



Traction unit and table

Complete traction solution designed for optimal therapeutic outcomes

Delivered with integrated fixation for a safe and efficient treatment setup. Specially developed for the gymna.GO traction table, this model features a smoothly sliding cushion that enables precise patient positioning and supports optimal therapeutic results.

Available for ● gymna.GO



Gynaecological leg supports

Perfect for gynaecological and urological examinations

Designed to provide optimal comfort and stability during examinations. With multiple adjustable positions, these supports can be tailored to meet specific clinical needs, ensuring both patient comfort and practitioner efficiency.

Available for ● gymna.GO



Paper roll support

For installation beneath the cushion at the foot-end

Easy to mount paper roll support. Choose between 50 cm or 60 cm width roll support.

Available for ● gymna.GO
● gymna.PRO



Memory

Easy and efficient automatic height adjustment

With 3 memory settings on the Bluetooth remote, this function adds ease of use for height adjustment.

Available for ● gymna.PRO



LED pack

Create a pleasant atmosphere in your practice

The LED pack creates pleasant lightning under the frame and provides functional support. Works with an IR remote control.

Available for ● gymna.PRO
● gymna.ONE



Disinfectable protective cover

Protect your cushions

The cover is made of polyutherane and can be cleaned and disinfected in no time and contributes to extra hygiene.

Available for ● gymna.GO
● gymna.PRO
● gymna.ONE

Stools

Our stools are a perfect match with the Gymna treatment tables. Together they enhance the professional image of your practice.

The seats are elegantly finished with quality details in durable, phthalate-free and biocompatible synthetic leather.

Available in the Classic or Premium colours.



Gymna Stool

Improved mobility while sitting

A round and flat seat with a 35 cm diameter gives the stool a universal character. Suited for use by patients as well.



Gymna Saddle Stool

The ideal ergonomic seat

A seat with saddle shape and adjustable pelvic tilt makes the ideal ergonomic seat for daily use by the medical professional.

Overview

Which one fits your practice?

Choosing the right treatment table is essential. Use this overview to see how our tables compare and find the one that supports your goals.



gymna.GO



gymna.PRO



gymna.ONE

Ergomax	•	•	•
i-Control	•	•	•
Arm supports	•	•	•
Safe Motion Detection		•	
Constant Patient Positioning		•	•
Stability profile		•	•
Classique upholstery	•	•	
Premium upholstery		•	•
Iconic design			•
Lateral supports		•	•
Hydraulic pump	•	•	•
Foot switch	•	•	•
Quick height adjustment			•
Safety switch	•	•	•
Wheels	•	•	•
Cusion heating		•	•
LED pack		•	•
Extra motors		•	
Paper roll support	•	•	•
Gynaecological leg supports	•		
Traction extension	•		

Beyond
treatment

04

Innovation

What therapists truly value in their treatment table

A treatment table is used every day. It determines how you work, how comfortably your patient lies and how efficiently you treat. Danny van Amelsfoort speaks with therapists on a daily basis and translates their experiences into the Gymna range. As Product Manager for treatment tables, he knows exactly what really matters in practice.

“

Therapists mainly look for reliability. A treatment table has to support you every single day.

gymna

“A treatment table needs to feel stable, work intuitively and support you in every movement,” says Danny. “At Gymna, that comes down to ergonomics, safety and a design that is right down to the smallest detail.”

You notice that difference most when you are working. Gymna treatment tables are made for intensive daily use. They move in a controlled way, feel solid and remain reliable over time. “That is why many therapists see a Gymna treatment table as a considered investment, not a quick purchase.”

What you see and feel in practice

When therapists compare different brands, the difference quickly becomes clear, according to Danny. “The design is calm and timeless, but above all functional. Whether you choose the gymna.GO, gymna.PRO or gymna.ONE, you immediately feel the difference in finish and stability.”

Our treatment table feels stable and reliable, even with intensive daily use.

Sometimes the practice speaks for itself. “I regularly meet therapists who replace their Gymna treatment table after more than twenty years. If a table lasts that long and still functions well, that says it all.”

I meet therapists who replace their Gymna treatment table after more than twenty years.

Developed from daily use

At Gymna, product development always starts with the user. “We listen to what therapists need in their daily work. We use that feedback directly to keep improving our treatment tables.”

A clear example is the Ergomax face cushion. “Therapists asked for more comfort and better hygiene. The result is a cushion that reduces pressure, is easy to clean and improves the treatment experience. Today, it is standard on almost all Gymna treatment tables.”

Innovation starts by listening to how therapists really work.

Gymna also continues to develop in the areas of safety and ergonomics, with features that ensure controlled movement and support the therapist’s working posture.

A treatment room that feels right

Alongside functionality, appearance plays an increasingly important role. “The treatment room is part of the overall patient experience,” Danny explains. “Therapists consciously choose a calm, professional

environment. The treatment table is central to that space, and that is reflected in the design.”

Quality designed and built in Belgium

All Gymna treatment tables are designed and manufactured in Belgium. “That creates short lines between design, engineering and production,” says Danny. “We can continue to improve with a focus on quality, durability and reliability. For us, that is not a marketing story but everyday practice.”

Looking ahead

The healthcare market continues to change, and Gymna evolves with it. “Treatment tables are used by different disciplines, each with their own needs,” Danny concludes. “That is why we keep refining our range, with attention to ergonomics, safety and comfort. Quality will always remain the foundation.”

Danny van Amelsfoort
Product manager Gymna



Bobath

Your space to move, your table to trust



gymna

The gymna.GO Bobath table is designed for the complexity and precision of neurological rehabilitation. Inspired by the Bobath concept, it offers therapists the freedom to move naturally around their patient, creating an open and stable workspace that encourages safe, controlled movement.

Every element, from the exceptionally wide surface to the reinforced frame and smooth electric height adjustment, is built to support intensive, hands-on treatments.

For therapists, the table's solid stability means confidence in every transfer, mobilisation, and

facilitation. For patients, it means comfort, safety, and the freedom to explore movement at their own pace.

Generous ground clearance allows easy access for lifts and mobility aids, while intuitive controls and premium materials ensure effortless operation and hygiene.

More than a table, the gymna.GO Bobath is a partner in recovery. A space where movement is rediscovered, and trust is built with every touch.

Physio Care

Quality massage lotions for professionals

Massage lotions with liquid crystals, developed to keep the skin of both the therapist and the patient in good condition and optimally balanced.

gymna

Gymna Physio Care massage lotions are developed with therapists in mind, combining premium ingredients, dermatological safety, and exceptional handling.

Each lotion is based on liquid crystal technology, creating a perfect balance between oil and water emulsions. The result: deep hydration without leaving a greasy residue, excellent glide, and a soft, dry finish after every massage.

Physio Care lotions nourish the skin of therapist and patient, maintaining its natural balance and supporting optimal skin respiration. They are pH-neutral, paraben-free, and hypoallergenic, suitable for every skin type.

Available in four unique formulations, each tailored to specific therapeutic needs:

Pure: the all-round lotion for every treatment.

Essential: gentle and balanced for daily use.

Intense: rich in oils for longer, more demanding massages.

Thermo: with a warming effect to relax tight or fatigued muscles.

Professional care that feels as good as it performs, that's Physio Care by Gymna.



The Gymna network

05

Your
global
partner

Find a Gymna
dealer nearby



Joining a world of knowledge, service and connection.

The Gymna Club is our **exclusive platform** for registered product owners, offering instant access to **manuals, maintenance tips, software updates and professional resources**. By registering your Gymna products, you open the door to personalised support and practical tools that keep your equipment performing at its best.

It's our way of ensuring that your partnership with Gymna extends far beyond the purchase. Supporting you, your practice and your patients **every step of the way.**



Join the club



active motion

cryotherapy

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electrolysis

electrotherapy

elexeo

physio care

shockwave therapy

treatment tables

