

*Quality in its
purest form*



gymna.GO

gymna[®]

Gymna *treatment tables*

Over half a century of quality

Since its establishment more than half a century ago, Gymna has been developing treatment tables with the needs of physiotherapists in mind. Our experience combined with that of therapists and patients around the world mean that our treatment tables fit physiotherapy practice perfectly. Gymna treatment tables are the preferred choice for therapists around the world and can be found in more than 100 countries.

With the **gymna.GO**, our entry-level treatment table line, we extend our product portfolio and give a broader group of therapists access to Gymna quality.

Basically
perfect



*Designed
to perform*

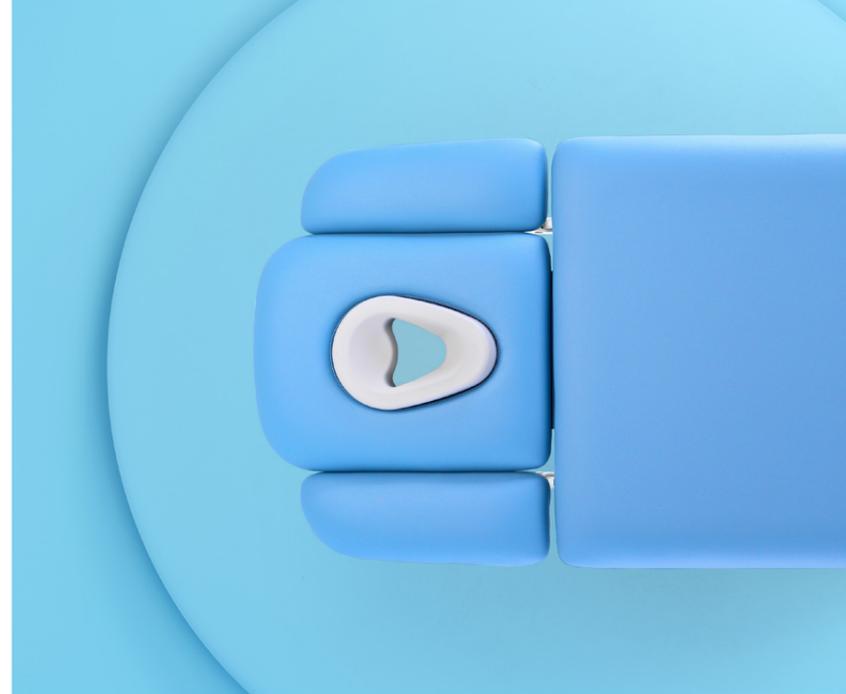


Taking shape and form

The basis for a good design

Shapes and forms, circular, triangular or rectangular, pure elementary shapes are the basis for any good design. Effective use of these shapes and forms has resulted in the clean and nicely balanced proportions of the **gymna.GO** treatment table. Mixed with Gymna's signature quality, all essential elements are included in a no-frills solution for your everyday practice.

gymna.GO





*“perfect
for my
practice”*

Functionality is key

Quality comes first

Whether you are a starter or an expert, the purchase of a treatment table is the result of a thoughtful decision-making process. The right balance between functionality and quality is key. **gymna.GO** simply offers a solid and safe support for your patients, in sitting and lying position. The reliable height adjustment helps them to take position and you to work at the right height, saving you from occupational injuries. That makes **gymna.GO** everything you need from your entry-level treatment table.

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*Understanding
the needs*



Supporting the treatment

Using the right product characteristics

gymna.GO is height adjustable and available in 7 different models with a number of options and accessories to complete the table for your needs. Whether you prefer electric or hydraulic height adjustment, 2 or 3 sections, adjustable arm supports, adjustable backrests or even a traction table, one of the models will surely fit your needs. Take advantage of the clever Gymna Ergomax option, the ultra-hygienic ergonomically shaped face support for a natural patient position.

Although developed with physiotherapists in mind, the **gymna.GO**, with accessories such as gynaecological leg supports, paper roll holders and wheels also functions as an examination table.



Features

Quality in its purest form

Height adjustment is essential to accommodate your patients and to ease your workload during daily practice. That is the reason the **gymna.GO** comes with a standard height-adjustment function. The height can be set by the powerful electric motor, or by means of a hydraulic foot pump.

Hydraulics

The hydraulic pump makes the **gymna.GO** totally independent of electricity, it can be used anytime and anywhere.



Proven quality

gymna.GO treatment tables are made in Belgium and manufactured in an award winning factory. This "Factory of the Future" guarantees constant quality and durability. The steel frames are robot-welded and finished with an attractive semi-gloss powder coating for extra strong and durable protection. Maintenance free bearings guarantee silent movement and peace of mind.



i-Control

Intelligent foot-operated system for easy, accurate and safe height adjustment from anywhere around the table. Particularly useful in the physiotherapy practice. Two operation modes, for continuous and pulsed adjustments. Alternatively, a single foot switch can be chosen.



Adjustable head and back sections

Head and back sections are all supported by high-quality gas springs for easy, safe and comfortable positioning of your patients.

Arm supports

When lowered, the supports provide increased comfort for the patient, relaxing neck and shoulder muscles when lying face down in prone position.



The finishing touch

Complete your table with options and accessories such as Gymna's distinctive Ergomax face support, wheels, safety switch, paper roll holders or gynaecological leg supports. And, best of all, choose the right colour to match your practice.

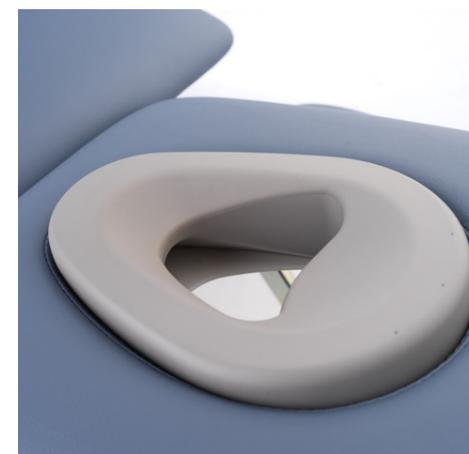


Safety switch

gymna.GO can be equipped with an integrated safety switch to deactivate the motor during your absence. This is to prevent unauthorised use of the table. This function comes standard with i-Control.

Wheels

gymna.GO can be delivered with a set of four swivelling wheels. This facilitates the use of the table in different locations and cleaning your practice.



Ergomax face support

The unique Gymna Ergomax face support is waterproof and washable for maximum hygiene, protecting your patients from germs. Thanks to the ergonomic shape and its soft and seamless properties, Ergomax is the ideal solution for treatment in prone position. A traditional face opening in the cushion is available as well.

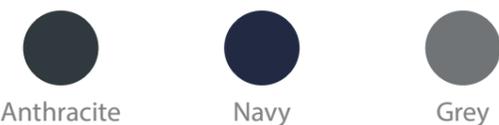
Cushions

gymna.GO cushions are upholstered with biocompatible and phthalate-free artificial leather. This feels soft and natural, is easy to clean or disinfect, and is fire-retardant. Inside the cushions is a single layer of durable PE-foam with a linear response to pressure, offering maximum comfort in patient support.



Colours

gymna.GO is available in 15 colours*, from classical and timeless, to bright and cheerful, choose the colour you like most from our Classique upholstery line.



*Colours for illustration purposes only



Specifications

Dimensions	206 x 67 cm
Weight	± 75 - 80 kg (model-dependent)
Height adjustment	50 – 100 cm electric 52 – 99 cm hydraulic
Lifting capacity	max. 200 kg
Mains voltage	230 VAC, 50/60 Hz 120 VAC, 60 Hz 100 VAC, 50/60 Hz
Power consumption	Max. 2,0 A (model-dependent)
Insulation class	II
Device classification	I
Applied parts	Type BF
Humidity-proof	IP21
Motor usage	Max. 2 minutes on / 18 minutes off
Conformity	IEC/EN 60601-1 IEC/EN 60601-1-2 EC directives 2017/745 (MDR) 2012/19/EC 2011/65/EU



Ergomax face support

Maximize comfort and hygiene

Ergonomically shaped for natural patient position and designed with a heart-shaped opening that leaves eyes and mouth free. The Ergomax face support is soft and seamless, the large surface ensures that the pressure on the face is spread, absorbed by the forehead and chin. The Ergomax face support has a recess on both sides, with flexibility to choose a large or small recess depending on the shape of the patient's face.

Hygiene is top priority in every practice. It is easy to remove the Ergomax face support from the table. The low-density foam is waterproof, washable and resistant to the disinfectants that are commonly used in practices. This allows each patient to lie on a table that feels fresh and hygienic.



Configuration



gymna.GO configuration	D1	D1e	D2	D4	T3x	T5x	Traction
Height adjustment							
Electric with i-Control incl. Safety Switch	●	●	●	●	●	●	●
Electric with foot switch	●	●	●	●	●	●	●
Hydraulic with foot pump	●	●	●	●	●	●	●
Standard configuration							
Linear cushion finish	●	●	●	●	●	●	●
Classique upholstery, 15 colours	●	●	●	●	●	●	●
Width 67 cm	●	●	●	●	●	●	●
Adjustable head section (up and down)			●	●	●	●	
Adjustable arm rests				●		●	
Adjustable back section (up)	●				●	●	●
Adjustable back section (up and down)		●					
Sliding cushion for traction							●
Options and accessories							
Safety switch for foot- or hand control	○	○	○	○	○	○	○
Face opening	○	○	○	●	○	●	○
Ergomax face opening	○	○	○	○	○	○	○
Wheels	○	○	○	○	○	○	○
Gynaecological leg supports	○	○	○	○	○	○	
Hand control*	○	○	○	○	○	○	○
Paper roll support 50 cm / 60 cm	○	○	○	○	○	○	○
Traction unit incl. fixation							○

● Standard feature

○ Optional feature

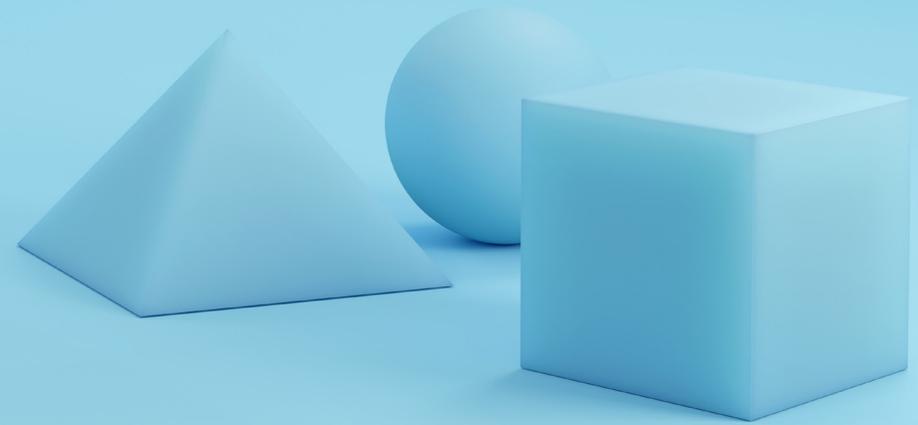
* In combination with i-Control, or replacing foot switch



Basically perfect

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Cryotherapy



Tecar - Diathermy



Shockwave Therapy



Physio Care



Electrolysis



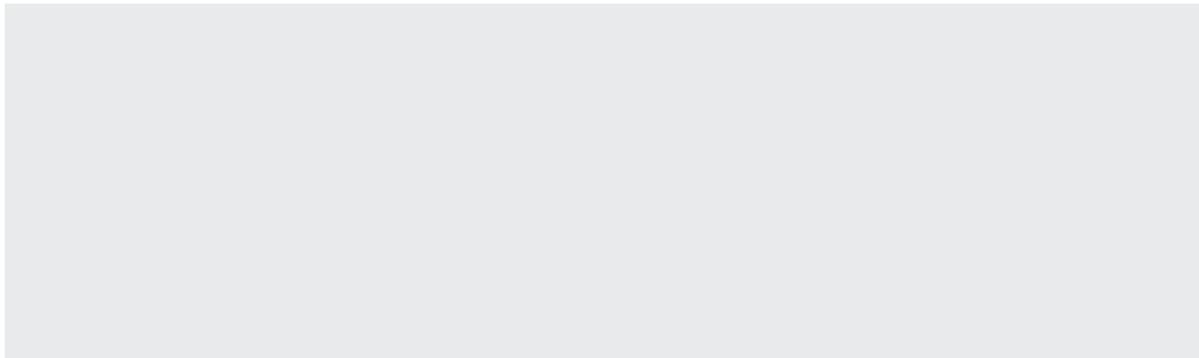
Electrotherapy



Active Motion



Your dealer



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